

# **Athlete Instructions for Saturday 28<sup>th</sup> November, 2020**

## **Essendon Little Athletics Centre**

**Please note that the following instructions**  
**ONLY apply to Saturday 28<sup>th</sup> November, 2020.**

### **Wet Weather**

If it rains on Saturday 28<sup>th</sup> November, 2020 any time between 7am and 8am at any strength, the day will be cancelled due to CoVID considerations. Communication will be sent out as soon as practicable. Likewise rain, at any strength for any period of time, during the day will cause cancellation due to social distancing requirements.

### **How many patrons are allowed at the venue?**

500 patrons are now allowed at the venue. Group sizes have increased from 10 athletes to 50 athletes. (Therefore groups will be back to 'normal!').

Patrons attending as spectators are now allowed inside the facility (counted in 500 total).

### **Arrival at Moonee Valley Athletics Track.**

Our four teams (**Aberfeldie**, **Bombers**, **Niddrie** and **Royal Ascot**) will have tables set up inside the venue.

For those athletes who have not got their chest patch yet, we will have a table for returning and trialling athletes, to collect their patches. (Trialling athletes are encouraged to print out and bring the chest patches assigned by LAVic). This table will be situated at the Bruce Street double gate entry point.

Entry will still be through the Bruce St Carpark double gate. (No access through Corio Street gate.)

At the Bruce Street Carpark, each family still need to photograph the QR Code, using their phone. The code will take you to a page where you will be asked your name, your partner's name (if attending), phone number, email, number of athletes and whether you subscribe to the CoVID Tracing App. If you do not have a phone, please see a COVIDSafe Official, stationed at the Bruce Street Carpark double gate and they will record your attendance on a paper register.

We will have 2 COVIDSafe Officials at the entry point and they will direct patrons to assembly points.

### **Competition**

A modified program will be used on 28/11/2020. (A copy will be emailed to patrons.)

The program will commence promptly at 8.00am.

*No patrons are allowed on the inside of the track, due to throwing of implements!*

## Helpers

There is a need for guardians to assist on the day. A sign-up sheet will be available at the front of the pavilion. (Please social distance while signing-up to help out.)

Important - If you do a duty, please tell your team table and they will allocate appropriate points and complete a Helper's Card for you.

Unlike last week, we will use age group marshals to take the U6-U8 & BU9 athletes to events. (*Guardians are not allowed to follow their athletes to events.*)

Athletes will be called, through the PA system, to their events. Age groups that have marshals must assemble at the front of the pavilion, from where the marshal escorts them to the event.

Each event will have an allocated Chief Official, who will advise upon competition rules and COVIDSafe protocols.

All signed-in Helpers will be required to wear hi-vis vests on Saturday 28/11/2020.

## Exiting the Venue

The exit point will be the "usual" main gate near the pavilion.

Guardians and athletes must exit the venue on completion of their events.

## Uniforms

Athletes should wear their shirts and shorts from last season (**Aberfeldie**, **Bombers**, **Niddrie** and **Royal Ascot**) if they still fit.

Fittings and sales of shirts and shorts sizes will not occur on 28/11/2020. (Shirts and shorts will be available at a later date).

New, trialling and athletes who have outgrown their shirts and shorts will be allowed to compete in shirts and shorts, other than (**Aberfeldie**, **Bombers**, **Niddrie** and **Royal Ascot**), on Saturday 28/11/2020.

## Coffee Van

Nick the Coffee Man will be serving all day, near the Corio Street pavilion.

## Canteen/BBQ

These will not run on Saturday 28/11/2020. (Please bring snacks and drinks – no sharing!)

## Athlete Bags/Backpacks

Athletes need to bring a bag/backpack to carry around throughout the day in order to keep their belongings in, when competing. (Tops, shoes and other materials should not be left on the ground). We recommend that items inside the bag may include sunscreen, hat, towel, water bottle, snacks, wipes and spikes/masks (for older athletes).