

Southern Metro Region Cross Country Carnival 2019
22/06/2019
Moonee Valley Athletics Track
Results

Boys 9 - 1500 Metre Run CC

Name	Age	Team	Finals	Points
Results - Boys 9 -				
1 Luke Olorenshaw	9	Preston Reservoir	5:28.68	1
2 Michael Brown	9	Lancefield-Romsey	5:35.91	2
3 Kai Bunyard	9	Diamond Valley	5:47.44	3
4 Logan Armstrong-Bourne	9	Diamond Valley	5:50.05	4
5 Alex Foti	9	Essendon	5:52.21	5
6 Jake Marriott	9	Diamond Valley	6:02.01	6
7 Alexander Carroll	9	Essendon	6:06.07	7
8 Hermes Kasapis	9	Essendon	6:10.15	8
9 Hayden Cotter	9	Diamond Valley	6:22.55	9
10 Tommy Portelli	9	Lancefield-Romsey	6:30.85	10
11 Tyler-John Kampf	9	Whittlesea City	6:33.27	11
12 Seth Seneviratne	9	Hume	6:41.78	12
13 Toby Hamilton	9	Diamond Valley	6:42.78	13
14 Brandon Claxton	9	Essendon	6:42.98	14
15 Matthew Alder	9	Diamond Valley	6:45.06	15
16 Alessio Cedaro	9	Essendon	6:49.47	16
17 Mattia Codini	9	Preston Reservoir	7:00.37	17
18 Dylan Ganter	9	Diamond Valley	7:04.09	18
19 Lachlan McArdle	9	Essendon	7:21.87	19
20 Cameron Eacott	9	Preston Reservoir	7:40.26	20
21 Xavier Tsioulos	9	Diamond Valley	7:59.39	21

Team Scores

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Name	Age	Team	Finals	Points
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Results - Boys 10 -

1	Jude Barrett	10	Essendon	5:38.25	1
2	Max Davidson	10	Diamond Valley	5:42.19	2
3	Sam Meehan	10	Essendon	5:45.62	3
4	Aden Thompson	10	Essendon	5:53.57	4
5	Miles Thompson	10	Essendon	5:54.78	5
6	Isaac Tumbri	10	Coburg	5:55.69	6
7	Levi Draper	10	Essendon	6:07.18	7
8	Chase Jardine	10	Essendon	6:08.29	8
9	Jack Daley	10	Diamond Valley	6:09.42	9
10	Jamie Postregna	10	Keilor	6:10.31	10
11	Oscar Mielicki	10	Diamond Valley	6:11.35	11
12	Michael Colaidis	10	Preston Reservoir	6:18.48	12
13	Hayden Jones	10	Diamond Valley	6:25.90	13
14	Thomas Bridgewater	10	Preston Reservoir	6:46.57	14
15	Benjamin Harper	10	Coburg	7:00.51	15
--	Charlie Laing	10	Diamond Valley	DNS	

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
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Results - Boys 10 -

1	Essendon	A	8	1	3	4
	Total Time:	17:17.44				
	Average:	5:45.82				
2	Essendon	B	20	5	7	8
	Total Time:	18:10.25				
	Average:	6:03.42				
3	Diamond Valley	A	22	2	9	11
	Total Time:	18:02.96				
	Average:	6:00.99				

Name	Age	Team	Finals	Points
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Results - Boys 11 -

1	Jesse Lumby	11	Essendon	7:05.74	1
2	Kayden Ramirez	11	Diamond Valley	7:15.18	2
3	Zac Mozjerin	11	Keilor	7:25.01	3
4	Jamie Alder	11	Diamond Valley	7:27.68	4
5	Ethan Armstrong-Bourne	11	Diamond Valley	7:29.08	5
6	Thomas Merry	11	Whittlesea City	7:35.74	6
7	Aiden Davis	11	Essendon	7:39.89	7
8	Jake Smith	11	Essendon	7:49.19	8
9	Lucas Melvaine	11	Whittlesea City	8:03.32	9
10	Nathan Hutchison	11	Whittlesea City	8:03.66	10
11	Lachlan Wombwell	11	Sunbury	8:07.53	11
12	Kaden Cuce	11	Essendon	8:09.23	12
13	Luka Peckham	11	Preston Reservoir	8:29.19	13
14	Ethan Nash	11	Diamond Valley	8:51.34	14
15	Maddox Wilson	11	Essendon	9:01.42	15
16	Heath Jessop	11	Coburg	9:30.51	16
--	Liam Cameron	11	Diamond Valley	DNS	

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
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Results - Boys 11 -

1	Diamond Valley	A	11	2	4	5
	Total Time:	22:11.94				
	Average:	7:23.98				
2	Essendon	A	16	1	7	8
	Total Time:	22:34.82				
	Average:	7:31.61				
3	Whittlesea City		25	6	9	10
	Total Time:	23:42.72				
	Average:	7:54.24				

Name	Age	Team	Finals	Points
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		Team Scores									
Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9

Results - Boys 12 -						
1	Diamond Valley	A	14	1	2	11
	Total Time:	21:33.10				
	Average:	7:11.04				
2	Essendon	A	19	5	6	8
	Total Time:	22:08.03				
	Average:	7:22.68				
3	Keilor		37	7	14	16
	Total Time:	24:25.11				
	Average:	8:08.37				

Name	Age	Team	Finals	Points
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Results - Boys 13 -

1	Jal Wishart	13	Diamond Valley	10:37.42	1
2	Samuel Scodella	13	Keilor	10:51.38	2
3	Riley Neecowen	13	Diamond Valley	10:56.90	3
4	Dylan Rowbottom	13	Essendon	11:04.27	4
5	Mitchell Roshier	13	Keilor	11:07.50	5
6	Aidan Ganter	13	Diamond Valley	11:53.12	6
7	Gurbir Singh	13	Whittlesea City	14:06.99	7
8	Ayden Clark	13	Preston Reservoir	14:53.39	8
--	Xavier Pitt	13	Wangaratta	X10:35.04	
--	Jordan Rudd	13	Craigieburn	X15:07.91	
--	Shaun Stevens	13	Diamond Valley	DNF	
--	Dilan Egodawatte	13	Keilor	DNS	
--	Curtis Rawlings	13	Keilor	DNS	

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
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Results - Boys 13 -

1	Diamond Valley	10	1	3	6
	Total Time:	33:27.44			
	Average:	11:09.15			

Boys 14 3000 Metre Run CC

Name	Age	Team	Finals	Points
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Results - Boys 14 -

1	Kane Marriott	14	Diamond Valley	9:40.54	1
2	Riley Walsh	14	Essendon	10:28.88	2
3	Ty Davis	14	Essendon	10:35.97	3
4	Edward Malcolm	14	Diamond Valley	11:05.38	4
5	Ryan O'connor	14	Essendon	11:32.15	5
6	Tyler Murphy	14	Diamond Valley	11:32.92	6
7	Jugad Singh Puar	14	Craigieburn	12:18.01	7
8	Jack Lynch	14	Diamond Valley	13:04.22	8
9	Marcus Watson	14	Sunbury	13:39.59	9

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
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Results - Boys 14 -

1	Essendon		10	2	3	5
	Total Time:	32:37.00				
	Average:	10:52.34				
2	Diamond Valley	A	11	1	4	6
	Total Time:	32:18.84				
	Average:	10:46.28				

Boys 15 3000 Metre Run CC

Name	Age	Team	Finals	Points
Results - Boys 15 -				
1 Archie Noakes	15	Coburg	9:47.96	1
2 Sam Dite	15	Coburg	10:03.18	2
3 Jackson McMenamin	15	Keilor	10:42.66	3
4 Flynn Gray	15	Essendon	11:46.54	4
5 Vihaga Balasooriya	15	Keilor	11:59.80	5
6 Jonah Emonson	15	Lancefield-Romsey	12:00.91	6
7 Hadi Kodsí	15	Coburg	12:07.22	7
8 Noah Emonson	15	Lancefield-Romsey	12:10.14	8
9 Varun Satish	15	Coburg	20:06.81	9
-- Alex Pitt	15	Wangaratta	X10:34.42	

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
Results - Boys 15 -											
	1 Coburg	A	10	1	2	7					
	Total Time:	31:58.36									
	Average:	10:39.46									

Boys 16 3000 Metre Run CC

Name	Age	Team	Finals	Points
Results - Boys 16 -				
1 James Bird	16	Hume	11:16.55	1
2 Jayden Day	16	Whittlesea City	11:41.07	2

Name	Age	Team	Finals	Points
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Results - Girls 9 -

1	Sienna Gec	9 Keilor	6:16.37	1
2	Hannah Gec	9 Keilor	6:26.30	2
3	Molly Bremner	9 Essendon	6:35.04	3
4	Jessica Draper	9 Essendon	6:56.12	4
5	Eve Lawrence	9 Keilor	7:02.20	5
6	Giaan DE Fazio	9 Keilor	7:17.45	6
7	Alyssa Clark	9 Preston Reservoir	7:58.94	7
8	Maeve Sullivan	9 Essendon	8:18.35	8
--	Zara Pellegrini	9 Preston Reservoir	DNS	
--	Emma White	9 Keilor	DNS	

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
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Results - Girls 9 -

1	Keilor	A	8	1	2	5
	Total Time:	19:44.87				
	Average:	6:34.96				
2	Essendon		15	3	4	8
	Total Time:	21:49.51				
	Average:	7:16.51				

Name	Age	Team	Finals	Points
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Results - Girls 10 -

1	Kaylah Finnin	10	Diamond Valley	5:48.31	1
2	Madigan Carroll	10	Essendon	5:49.80	2
3	Abigail (abby) Pellow	10	Keilor	5:50.93	3
4	Fatima Kodsi	10	Coburg	5:57.18	4
5	Emily Wilmann	10	Lancefield-Romsey	6:02.53	5
6	Hollie Capuano	10	Essendon	6:07.80	6
7	Sarah Holmes	10	Diamond Valley	6:09.55	7
8	Saana Jayasinghe	10	Essendon	6:24.39	8
9	Siena Apicella	10	Diamond Valley	6:33.11	9
10	Maia Kelly	10	Diamond Valley	6:37.03	10
11	Jessica Watson	10	Essendon	7:34.47	11
--	Audrey Ryan	10	Sunbury	DNS	
--	Macy Vozinidis	10	Coburg	DNS	
--	Sithara Jayasinghe	10	Essendon	DNS	
--	Christina Rizzo	10	Coburg	DNS	

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
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Results - Girls 10 -

1	Essendon	A	16	2	6	8
	Total Time:	18:21.99				
	Average:	6:07.33				
2	Diamond Valley	A	17	1	7	9
	Total Time:	18:30.97				
	Average:	6:10.33				

Name	Age	Team	Finals	Points
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Results - Girls 11 -

1	Grace Farah	11	Whittlesea City	8:04.44	1
2	Alicia Gec	11	Keilor	8:13.41	2
3	Chiara Vonella	11	Whittlesea City	8:18.27	3
4	Ella McMenamin	11	Keilor	8:21.66	4
5	Cary Taylor	11	Keilor	8:33.63	5
6	Taihlar-Jo Kampf	11	Whittlesea City	8:58.13	6
7	Keira Sambell	11	Coburg	9:19.77	7
8	Sophie Jordan	11	Sunbury	9:53.16	8
9	Eleanor Duggan	11	Keilor	10:35.61	9
10	Aimee Brown	11	Lancefield-Romsey	10:44.00	10
11	Maeve Rudd	11	Craigieburn	10:51.92	11
--	Annabelle Naim	11	Diamond Valley	DNS	

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
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Results - Girls 11 -

1	Whittlesea City		10	1	3	6
	Total Time:	25:20.84				
	Average:	8:26.95				
2	Keilor	A	11	2	4	5
	Total Time:	25:08.70				
	Average:	8:22.90				

Girls 12 2000 Metre Run

Name	Age	Team	Finals	Points
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Results - Girls 12 -

1	Poppy O'Loughlin	12	Preston Reservoir	7:19.77	1
2	Aleisha Federico	12	Preston Reservoir	7:25.52	2
3	Ella Hutchison	12	Whittlesea City	7:35.40	3
4	Charlotte Gray	12	Coburg	7:37.26	4
5	Felicity Cotter	12	Diamond Valley	7:54.18	5
6	Georgia Meehan	12	Essendon	8:08.54	6
7	Nuhansa Kumarasinghe	12	Craigieburn	8:09.30	7
8	Lucinda Mielicki	12	Diamond Valley	8:44.32	8
9	Katherine Watson	12	Sunbury	8:52.28	9
10	Alexia Olorenshaw	12	Preston Reservoir	9:27.06	10
11	Sienna Ganter	12	Diamond Valley	9:28.54	11
12	Isabella Owens	12	Sunbury	10:32.96	12

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
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Results - Girls 12 -

1	Preston Reservoir	13	1	2	10
	Total Time:	24:12.35			
	Average:	8:04.12			
2	Diamond Valley	24	5	8	11
	Total Time:	26:07.04			
	Average:	8:42.35			

Girls 13 3000 Metre Run

Name	Age	Team	Finals	Points
Results - Girls 13 -				
1 Nysa Males	13	Lancefield-Romsey	11:42.33	1
2 Lara Sacaner	13	Keilor	11:52.48	2
3 Tayla Borg	13	Diamond Valley	12:14.68	3
4 Chiara Hutchinson	13	Keilor	12:23.00	4
5 Maddison Nash	13	Diamond Valley	12:55.99	5
6 Alice Darby	13	Diamond Valley	12:59.70	6
7 Annalise Jones	13	Diamond Valley	13:04.29	7
8 Scarlett Rose Winter	13	Diamond Valley	13:23.92	8
9 Charlotte Duggan	13	Keilor	13:37.24	9
10 Molly Holmes	13	Diamond Valley	13:57.71	10
11 Amy Hawking	13	Essendon	14:33.11	11
12 Mia Mallon	13	Coburg	15:31.43	12
13 Keeley Claxton	13	Essendon	18:18.20	13

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
Results - Girls 13 -											
1	Diamond Valley	A	14	3	5	6					
	Total Time:		38:10.37								
	Average:		12:43.46								
2	Keilor		15	2	4	9					
	Total Time:		37:52.72								
	Average:		12:37.58								
3	Diamond Valley	B	25	7	8	10					
	Total Time:		40:25.92								
	Average:		13:28.64								

Girls 14 3000 Metre Run

Name	Age	Team	Finals	Points
Results - Girls 14 -				
1 Sugi Neecowen	14	Diamond Valley	12:16.97	1
2 Edie Bridgewater	14	Preston Reservoir	13:02.23	2
3 Alyssa Thompson	14	Essendon	13:21.34	3
4 Isabella Jordan	14	Sunbury	13:32.57	4
5 Claire Forbes	14	Sunbury	13:53.10	5
6 Ruby Ellis	14	Sunbury	14:44.20	6

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
Results - Girls 14 -											
1	Sunbury		15	4	5	6					
	Total Time:		42:09.87								
	Average:		14:03.29								

Girls 15 3000 Metre Run

Name	Age	Team	Finals	Points
Results - Girls 15 -				
1 Audrey Savage	15	Essendon	11:53.45	1
2 Talia Roshier	15	Keilor	12:34.69	2
3 Miranda Darby	15	Whittlesea City	12:55.34	3
4 Alicia Kisielewski	15	Keilor	13:17.59	4
5 Tana Males	15	Lancefield-Romsey	14:19.27	5
6 Eirini Kosmidis	15	Coburg	16:45.77	6
7 Michelle Spurrell	15	Keilor	20:18.20	7

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
Results - Girls 15 -											
1	Keilor	13	2	4	7						
	Total Time:	46:10.48									
	Average:	15:23.50									

Girls 16 3000 Metre Run

Name	Age	Team	Finals	Points
Results - Girls 16 -				
1 Charlotte Holmes	16	Diamond Valley	12:07.66	1
2 Alyssa DI Martino	16	Keilor	12:42.88	2
3 Kara Thompson	16	Essendon	12:54.53	3

NMR CROSS COUNTRY PERPETUAL TROPHY

DIAMOND VALLEY	166
Essendon	158
Keilor	127
Whittlesea City	56
Coburg	44
Preston Reservoir	41
Lancefield Romsey	34
Sunbury	24
Hume	10
Craigieburn	6