

## Essendon News 2009-10

Edition 1

Welcome to the 2009-10 Little Aths season. We hope that you are enjoying yourselves and making new friends.

- **IGA Name tags and Red IGA patch** - All athletes must wear their IGA name tag on the front of their t'shirt when competing. If you forget to wear your name tag, you must purchase a temporary tag from the Announcing Table for \$1 with all proceeds donated to the RCH Good Friday Appeal. The Red IGA patch must be attached to the back of your t'shirt
- PB Certificates are available for collection from your Team table from this Saturday. They are given to U6-8 athletes who achieve 3, 4 or 5 PB's on the day and to U9-15 athletes who achieve 4, 5 or 6 PB's on the day. There have already been 93 certificates awarded in just 4 weeks of competition. Check for your name on the ELAC website [www.elac.com.au](http://www.elac.com.au)
- **Bring a Friend** – All athletes can bring a friend on any competition day. If your friend registers, you can enter a draw to win a Nintendo Wii
- **IGA DOCKETS** - If you shop at an IGA store bring your docket to your Team table and the Centre will have a chance to win \$3500 if we have the greatest value of IGA docket collected.
- Region Relays is the first Regional competition for the season and will be held at Diamond Valley on Sunday 15<sup>th</sup> November.
- Region Multi Championships for U7-15 athletes will be held on Sunday 29<sup>th</sup> November at JJ Clancy Reserve, Kilmore. Entry forms will be available on Saturday and close 8/11/09. Cost \$5 per athlete.
- Essendon Centre singlets are required to be worn when representing the Centre at Region & State Championships. Cost: \$30.
- Essendon polo tops are available to order at your Team Table in both children's and adult sizes. Cost: \$45
- The first twilight meeting of the season will be held on Friday 13<sup>th</sup> November starting at 6:00pm.
- Thank you to all parents who have helped on competition days so far. All families are required to complete 6 weeks of duty for the season. Little Aths is a volunteer sport and without the support of all our volunteers there would be no Little Aths.
- We require help with the set-up and pack-up of equipment each week. Please see Michael Stevens (Chief of Officials) if you can help with this important task.
- If you have any questions/queries please see your Team Table or email [essendon@vlaa.asn.au](mailto:essendon@vlaa.asn.au)