



SOUTHERN PENINSULA LITTLE ATHLETICS CENTRE

OPEN DAY

SUNDAY, JANUARY 13th, 2008

Truemans Road Reserve, Truemans Road, Tootgarook. Melway Ref: 169 E6

❖ AMPLE PARKING AROUND THE OVAL IS AVAILABLE & WE ARE ONLY 500M TO THE BEACH

START TIME: 9.00 a.m.
ENTRY FEE: \$6.00 per event. Maximum of 4 events \$20.00.
ENTRIES CLOSE: January 4th, 2008.
LATE ENTRIES: \$8.00 per event for phone entries, entries may be accepted up to 8.30 am on the day at the fee of \$10 per event, if they do not alter the running of a heat or final or exceed the maximum number. Will be included on Marshalling sheets.
ENTRIES TO: SPLAC, P.O. Box 2071, Port Philip Plaza, Rosebud, Vic. 3939. Chq/MO payable to SPLAC.

SPECIAL CONDITIONS:

1. Athletes may progress an age group for an event not available to them in their age group.
2. All competitors must be registered with V.L.A.A./AV
3. We reserve the right to cancel an event should there be insufficient entries.
4. Where heats are required, finalists will be decided on times not placings.
5. Athletes must use S.P.L.A.C. equipment.
6. Lunch break program will include Open Age Relays 4 x 100m as a fun event.

SPIKES/STARTING BLOCKS: U12 - U18 spikes 12mm maximum. S.P.L.A.C. Starting Blocks supplied.

UNIFORM: Club or Centre uniform, Registration Patch must be worn. Bring sunscreen, hat, etc.

TRACK EVENTS: Medals to first 3 places in final, ribbons up to eighth (8) placing.

FIELD EVENTS: Best of 3 tries - medals to first 3 places, ribbons up to eighth (8) placing.

CANTEEN: BBQ, hot and cold food and drinks.

ENQUIRIES TO: Michelle 5986 2589 or Janene 5985 3354, phone entries to Angela 5985 1276

EVENTS AVAILABLE FOR BOTH BOYS AND GIRLS

U6	50	70	100	200				LJ	VOR		DIS	
U 7		70	100	200				LJ	N/A	SP	VOR	
U 8		70	100	200			80H	VOR	TJ		DIS	
U 9			100	200		800	80H	LJ		SP		
U 10			100	200		800	80H		TJ		DIS	N/A
U 11			100	200	400	800	80H	LJ		SP		JAV
U12			100	200	400	800	80H		TJ		DIS	
U13			100	200	400		1500	80H	LJ		SP	JAV
U14			100	200	400		1500	300H		TJ	DIS	
U15			100	200	400		1500	300H	LJ		SP	JAV
U16/18			100	200	400		1500	300H		TJ	DIS	
U17			100	200	400		1500	300H	LJ		SP	JAV

S.P.L.A.C. OPEN DAY ENTRY FORM

NAME AGE Under **GIRL/BOY**

ADDRESS Ph:

CENTRE

Event 1: _____ Event 2: _____ Event 3: _____ Event 4: _____

Are you available to officiate? PLEASE Yes / No Preferred event:.....

Parent's Name; _____ Signature: _____ Amount Paid: \$.....